



## **2025 Schedule and Curriculum**

**All sessions will be held at the Mu Psi Lambda Chapter Facility, 707 20<sup>th</sup> Street Ensley, Birmingham, AL 35218. Sessions will begin at 9:30 a.m. and conclude at 3 p.m. Lunch and snacks will be served each Saturday.**

### **Week 1: Orientation, Professional, and Career Development**

**Friday, January 31, 2025**

- Orientation Night

**Saturday, February 1, 2025**

- Introduction to S.T.E.M (Science, Technology, Engineering, Math) Careers
- S.T.E.M Professional Panel
- Legal Professional Panel
- Entrepreneurial Panel
- Education Panel
- Step Practice

### **Week 2: Personal Development**

**Saturday, February 8, 2025**

- Professional Etiquette and Leadership
- Goal Setting and Time Management
- Dress for Success
- Personal Finance
- Step Practice

### **Week 3 Community Development and Social Engagement**

**Saturday, February 22, 2025**

- Social Media Etiquette
- Civil Engagement
- Community Service Project

- Step Practice

#### **Week 4 Men's Health and Wellness**

##### **Saturday, March 15, 2025**

- Physical Fitness
- Mental Health
- Project Alpha
- Cannon Dozier
- Step Practice

#### **Week 5 College Prep**

##### **Saturday, March 29, 2025**

- College Application Process
- College Research and Selection
- Financial Literacy/Standardized testing
- College Life
- Step Practice

#### **Week 6 Whirlwind College Tour**

##### **Saturday, April 5, 2025**

- Miles College
- Lawson Community College
- Samford University
- University of Montevallo
- Alabama State University
- Auburn University at Montgomery
- Tuskegee University

#### **Week 7 Social Justice**

##### **Saturday, April 26, 2025**

- Diversity, Equity, and Inclusion
- Know Your Legal Rights
- Code Switching
- Step Practice

#### **Graduation Week**

- Formal Etiquette Dinner-Thursday, May 1, 2025
- Graduation Rehearsal-Saturday May 3, 2025
- Graduation Ceremony-Sunday May 4, 2025